

## Supports provided by CYPSC members and other local organisations during Covid19 Emergency



www.archways.ie 01 4574306 email: info@archways.iee

Archways Families First team are continuing to provide a service to families. Protocols are in place for working remotely with families. Over 30 families are engaged and are continuing to participate in the service. They are continuing to accept new referrals.

# 1. Preparing to Parent – Antenatal Programme

Archways will be launching an online version of the antenatal programme to participants. They are in the planning phase of this, transferring and modifying content to suit an online audience.

2. Infant Mental Health Network

The network meeting will continue virtually for the foreseeable and they are putting together content & resources that may be accessed by participants online.

3. Infant Massage Programme

All infant massage programmes will be offered virtually to already enrolled participants, offering them a space also to be supported by weekly check in phone calls.

4. Play & Talk Workshops

Archways are looking at creating online content that encourages development of early oral language skills through play, providing tips and tasks to parents.

5. The Towers Programme

They will maintain communication with mothers engaged with them on any of the targeted programmes through weekly phone calls offering support where necessary.

6. Ready Steady School – Early Years Transition Programme

Packs are being compiled over the next few days, ready to be delivered when the time is appropriate.

7. Restorative Practices

While all trainings have been postponed, they are still running a virtual Community of Practice for those already trained and we are using this opportunity to offer messages of resilience and hope to the community via our online platforms.

8. Parent Child Plus Home Visiting Programme

Face to face home visiting has been postponed, but the home visitors are still linking in with their families via video calls.

9. Adverse Childhood Experiences Awareness Workshops

Archways are taking this time to compile resources and develop protocols about how organisations can be trauma informed.

10. Incredible Years Parenting Programmes

The IY Programme in Adamstown has been postponed but staff are continuing to link in with families weekly and provide support where needed.



#### www.cd.ie 01 494 0030 info@cdi.ie

CDI staff are now working remotely and have been linking in with the local community via social media particularly through facebook with supports and resources with a focus on their speech and language supports and parent/ carer facilitators.



#### www.foróige.ie

Foróige staff continue to link in with young people remotely using various tools such as zoom, whatsapp and texting. Some clubs are meeting virtually as a means of keeping links. Foróige have also updated their local protocols to support one to one supports where necessary.

Foróge in cooperation with An Garda Síochána have also piloted some outreach supports in the Tallaght area. Local youth works have been approaching young people to promote proper social distancing and checking in with young people.



The Daughters of Charity Child & Family Service have put up some useful numbers, activities to do with children and other information that may be helpful to families at this time. These are all available from their website

## www.docchildandfamily.ie/parenting

They are currently offering phone support /skype and Whatsapp and resource packs to families but are not having any face to face contact in any of their centres.



Thematic	Area of Work still Active
Social Media	Strong presence across social media platforms providing accurate information and best advice and also thematic-focused messages through the following pages:  - SDCP - Heads Up (mental health focus) - Balgaddy Child & Family Centre (children & families focus) - KICK (physical health focus) - Health Houses (health focus/weaning) - Intercultural Centres (migrant focus)
Children & Families	Currently videoing 4 the Family sessions to send to vulnerable families.  Maintaining contact with families through family learning activities online with regular Lego & Coding challenges/competitions
Lifelong Learning	All courses/ programmes postponed
Health & Wellbeing	Continuing to contact vulnerable clients who are socially isolated/vulnerable through the following programmes: - Social Prescribing - HeadsUp - Roma migrant health & housing
Enterprise & Employment	Currently still working and available to support clients via phone and email only
Community Development	Continuing to contact vulnerable clients who are socially isolated/vulnerable through the following programmes: -Local Glenshane Women's (Seniors) groupTowers Residents group
Local Employment Service	Calling/ emailing clients with updates and providing them with relevant information. Providing hard copy of social welfare forms to clients and advising on online applications where possible
Tús	Care & Repair still in operation where it is safe to do so Foodcloud Tús participants still working to keep this service operational.

Community Check in Service has now been established by South Dublin County Partnership and South Dublin County Council. The helpline can be contacted Monday to Friday 9am to 5pm

- -get accurate information about services in your area
- -assist with shopping & delivery
- -here for a chat!
- -any other assistance



www.southdublinchildcare.ie 01 457 0122

At present South Dublin County Childcare Committee are keeping childcare services up to date with the news and developments relevant to them, their staff and the early years sector as much as possible through our emails, facebook and twitter.

During this time some of the SDCCC team are working remotely in order to implement social distancing, however they will continue to support services throughout this crisis. While they are currently responding to queries from services and parents regarding their concerns they are also exploring creative ways of continuing some of the planned work.



#### www.jigsawonline.ie

At present, Jigsaw **Dublin South West** is closed to face to face appointments. Senior staff are monitoring the emails and voicemails and they will still be taking new referrals and queries, however, they are uncertain as to when they can begin to reschedule appointments and reopen to the public. They have contacted everyone who is currently attending the service to advise them of same. Re phone support / Skype etc, the organisation is currently examining this with a view to developing a plan

Jigsaw Online **www.jigsawonline.ie** is the online Jigsaw platform. There are sections for young people (12-25), parents and professionals. At the moment, the content will be written (articles, blogs etc) and there will be regular group chats run (supervised by clinicians). So it would be good for young people to keep an eye on this website. Updates or post via the main Jigsaw instagram and facebook pages also. Most relevant at this point is this article https://jigsawonline.ie/young-people/coping-with-the-impact-of-coronavirus/. A process is underway to review Jigsaw online in terms of emerging needs as well as what local services they could offer directly to young people.



Because childhood lasts a lifetime www.barnardos.ie

Barnardos have launched a dedicated telephone and email support service to provide advice to parents on a wide range of issues that may have come up during this time. This service will be staffed by Barnardos project workers who are trained professionals. Some issues that parents may need support on include:

- How to talk to your children about the corona virus
- Setting a good routine
- Managing children's behaviours and sibling dynamics
- Managing aggression and family discord
- Home schooling/managing school expectations.
- Fostering natural learning opportunities in the home
- Healthy eating
- Accessing fun and educational activities for families and individual children

- Managing your child's worries
- Self-care for parents
- Helping parents manage their own worries and anxieties
- Managing children's online activity

You can make contact with this service by phoning 1800 910 123 between 10.00am and 2.00pm Monday to Friday or by emailing parentsupport@barnardos.ie.



www.tallaghtdatf.ie

Tallaght Drugs Task Force are in regular contact with all of the projects in Tallaght and Whitechurch and can signpost anyone who is impacted by drug and alcohol misuse during this crisis. The service has a list of addiction services in the area that are continuing to maintain services however it is changing regularly so it is best to phone for up to date information.



www.clondalkindrugstaskforce.ie

Clondalkin Addiction Support Programme (CASP) provides a range of services for drug users and their families living in the North Clondalkin Area. This service remains open. No group work is currently taking place with one to ones by phone. Methadone service, neeedle and syringe exchange, homeless drop in open.

Clondalkin Tus Nua provides support to parents, partners and siblings of drug misusers. Offering one to one support and group work in a safe and confidential environment. Currently groups are now working online & one to ones on phone. Needle and syringe exchange remains in place

Near Le Cheile provides support to parents, grandparents, siblings and children of drug users and to young drug users themselves. All staff are working remotely & providing phone support.

Clondalkin Travellers Development Group - all working remotely. Phone interventions.

Crosscare - phone interventions & outreach.



CAMHS Linn Dara community teams and in patient unit in Cherry Orchard are still available and existing families will have been contacted to let them know. New referrals can be sent through the GP as normal. Like many other services they will be using telephones and Skype to meet the needs of young people at this time but they can also offer direct appointments if required

# Quarryvale Family Resource Centre manager@quarryvalefrc.ie

The service is currently closed to the public and on the whole work from home. The staff that have regular contact with all participants and clients, (whether in a social group or accessing one-to-one supports or attending the childcare). They check in regularly over the phone and give support if needed and source support if we cannot help.

-Quarryvale have FRC just advertised a local phone-in service; staff are available Monday-Friday 10-12 to take calls. The Manager and the development worker for general support and questions, the family support worker for parent and family supports.

Therapists see their clients over the phone or Skype, and one therapist is available for staff to refer new people to if needed. (This therapist is also available to our staff.)

- -The service also post information on Facebook and they have now started working in a more planned way with compiling themed resources; they have so far posted a list of fun educational sites, and one of exercise and yoga for the whole family. The service is seeking to make some information and resources available by printing and leaving in a box outside the centres.
- -The childcare staff are going to work on a transition plan for the children going to school in September, even if we don't get to see them before then. This will include suggesting appropriate activities and games for the parents/carers in the areas that will be most helpful to each individual child.
- -Quarryvale recently advertised the need for food for Clondalkin Helping Homeless, (who are also supporting people who cannot go out). Quarryvale are available to pick up any donations and bring to the distribution point.



www.stkevinsfrc.ie

085 866 9385

The service is currently closed to the public and staff work remotely and are keeping in contact with families as much as they possibly can.

St Kevins have (informal) contacts with the Focus Ireland Homeless Hub in the Abberly Hotel where there are 150 children living and the Towers Direct Provision where there are 25 families with children.

In consultation with the two centres the centre initiated a call out with the local community. Donations received included easons vouchers, in addition to some of its own resources and dropped up board games, arts and crafts etc to the two centres.

Tallaght Youth Service are setting up on line and zoom meeting with young people.



www.dublincypscdirectory.ie



www.cypsc.ie/south-dublin/resources.303.html



The Chief Executive has established a dedicated multi-disciplinary Crisis Management Team (CMT) at senior level to lead Tusla's preparedness and response for the duration of the outbreak. Members of the team are drawn from areas across the Agency, including those with responsibility for delivering our various frontline operational services and from support services such as human resources, ICT, health and safety, risk assessment and communications.

The CMT will meet once per week and will reconvene on an urgent basis if required, to ensure staff are provided with updated and best available expert advice and information. The primary functions of the CMT for the duration of the COVID-19 response are:

- •To work closely with public health colleagues in the HSE and the Department of Health to use their expert advice and guidance to safeguard, as best we can, our staff and the children, young people and families we work with.
- •To ensure that any decisions taken regarding responses to COVID-19 are proportionate, necessary and informed by specific public health advice.
- To draft communications updates to keep all staff informed of unfolding developments on COVID-19, as they relate to Tusla.
- •To conduct a risk assessment for the various services across the Agency and to ensure that necessary arrangements are put in place to continue to deliver services.
- •To advise the Senior Leadership Team of developments with regard to the virus and any possible impact on services, and to inform operational decisions to be taken by the Chief Executive and Chief Operations Officer.

Tusla has put a range of operational measures in place to ensure the delivery of essential services during this time across key areas including child protection and children in care, emergency out of hours' services, and domestic, sexual and gender based violence services. They continue to liaise with the Department of Children and Youth Affairs with regard to the unfolding situation in the early years' sector.

3,500 of our almost 5,000 workforce are currently mobile enabled and this is of particular assistance both for critical service continuity and also public and staff health and welfare during this time.

Locally CFN Network Co-ordinators will continue to link with members to support information sharing and identify any emerging issues. Tusla staff are only meeting children, parents and carers in emergency circumstances. Referrals can be made through the portal as normal in regard to child protection and other queries directly to Social Work Offices.



South Dublin County Council offices are now closed to the public with immediate effect and will remain closed until further notice.

The Council is advising customers and citizens not to physically call to Council offices for any reason as they will not be able to gain access. Throughout, the Council will remain available to you. Anyone wishing to contact us can do so by telephone (01 4149000) or email info@sdublincoco.ie

# Closure of Public Facilities

All public libraries remain closed until further notice. You can, however, sign up for and access online library services that include ebooks, audiobooks and online magazines. You can find more information on how to do so by clicking here.

The Civic Theatre, Rua Red and Clondalkin Round Tower Visitor Centre remain closed until further notice. South Dublin Leisure Services, who operate the Tallaght and Clondalkin leisure pools, have closed both facilities until further notice.

#### Parks Remain Open

Parks across the County remain open but are being continuously monitored by our park rangers to ensure government guidance on physical distancing is being maintained by the public. The decision to leave parks open is in keeping with the encouraging signs we are seeing that the public generally are respecting the physical distancing protocols and we want to thank the public for that. Park rangers will continue to monitor public behaviour in the interests of public safety.

# Playgrounds

All playgrounds remain closed. They have asked the public to respect this decision and ensure children do not congregate at playgrounds.

#### **Housing Supports**

The Council's Housing Department is continuing to provide a full range of services during this time. They recognise the financial difficulties being experienced by individuals and families due to the COVID-19 outbreak and urge Council tenants to contact the Rents team to let them know about any reductions in household income and weekly rents. These will be re-assessed and revised downwards as necessary based on the updated household income. Staff Rents team are available to provide assistance by telephone at 01-4149000 or by email at hrent@sdublincoco.ie.

HAP tenants will be treated similarly and can contact the HAP team by telephone at 01-4149000 or by email at HAPsupport@sdublincoco.ie.

South Dublin County Council have been focused on ensuring those who are particular vulnerable or at risk during the current emergency are supported. This has included identifying and putting in place additional self isolation facilities for at risk groups. In light of this maintenance work is underway on a number of vacant properties



All Public Offices of Garda stations remain open. However, if you need to contact An Garda Síochána please consider the following:

- •In an emergency always dial 999/112 You should use this service if a crime or incident is happening now or if anyone is in immediate danger.
- For non-emergency or general enquiries, you can contact your local Garda Station by Telephone and Email.
- •Contact details for all Garda stations and key offices are available in the Garda Stations Directory

#### www.garda.ie/en/Contact-Us/Station-Directory

Garda Confidential Line – 1800 666 111 Traffic Watch - 1890 205 805 Crimestoppers Freefone - 1800 250 025



All DDLETB schools and centres closed following the news from government to close down all business that is deemed non-essential. Schools and centres will remain closed until further advice from the government. DDLETB staff will continue to work remotely and are contactable on work emails and work mobiles.

Youth service providers are trying to reach out to young people through social media. The sports officers are currently working on a series of short exercise programmes which young people can do at home for youth service providers to share online.



#### www.ispcc.ie

The ISPCC Dublin centre is currently closed to the public. However, all staff are currently working and offering ISPCC services remotely. This will be reviewed on a regular basis.

All staff have work mobiles which are on during working hours. The contacts for Dublin central are Siobhan on 085 804 2715 and Niamh on 087 250 7015. All staff also have access to work emails through our remote access system.

All clients and their families open to our service currently receive regular weekly contact via phone and skype to maintain the support and intervention work developed to date.

All staff are contactable on their work phones which any potential referrer can contact during working hours to discuss cases, concerns or referrals.

There is a national support line service in place, this service is for parents and young people to call regarding any concerns they might have. The contact number changes daily and can be found on the ISPCC website <a href="https://www.ispcc.ie">www.ispcc.ie</a>



### www.onefamily.ie

One Family are offering extensive phone support around counselling and parenting during COVID-19 to all parents, single and separated. They are offering extended hours on askonefamily helpline, Lo call 1890 662212

They are also adding articles and advice which can be access from their website and facebook pages on issues including access and separated families, leaving Children Home Alone and many others. These are particular issues affecting single and separated parents